CCM SKATES SIZING CHART

MEN'S
US SHOE SIZE

YT	US SHOE SIZE	7	8	9	10	10.5	11	11.5	12	12.5	13	13.5	1	1.5
	EURO SHOE SIZE	24	25	26	27	27.5	28	29	29.5	30	31	31.5	32	33
	ACTUAL FOOT LENGTH (CM)	14.5	15.2	16.2	17	17.4	17.8	18.2	18.7	19.1	19.5	19.9	20.3	20.6
	SKATE SIZE	6	7	8	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5

JR	US SHOE SIZE	2	2.5	3	3.5	4	4.5
	EURO SHOE SIZE	33.5	34	35	35.5	36	36.5
	ACTUAL FOOT LENGTH (CM)	21	21.4	21.8	22.2	22.6	23.1
	SKATE SIZE	1	1.5	2	2.5	3	3.5

INT	US SHOE SIZE	5	5.5	6	6.5	7.5	8
	EURO SHOE SIZE	37.5	38	38.5	39	40.5	41
	ACTUAL FOOT LENGTH (CM)	23.5	23.9	24.3	24.7	25.1	25.5
	SKATE SIZE	4	4.5	5	5.5	6	6.5

SR	US SHOE SIZE	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	
	EURO SHOE SIZE	42	42.5	43	44	44.5	45	45.5	46	47	47.5	48	
	ACTUAL FOOT LENGTH (CM)	26	26.4	26.8	27.2	27.7	28.1	28.5	28.9	29.4	29.8	30.2	
	SKATE SIZE	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	

WOMEN'S
US SHOE SIZE

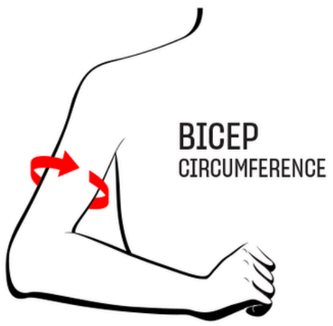
YT	SHOE SIZE	11.0	12.0	13.0	1.0	1.5	2.0	2.5	3.0	3.5
	SKATE SIZE	8.0	9.0	10.0	11.0	11.5	12.0	12.5	13	1.5

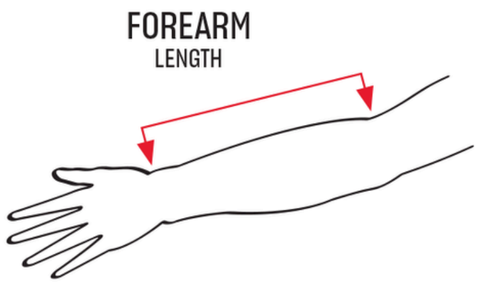
JR	SHOE SIZE	4.0	4.5	5.0	5.5	6.0	6.5
	SKATE SIZE	1.0	1.5	2.0	2.5	3.0	3.5

INT	SHOE SIZE	7.0	7.5	8.0	8.5	9.0	9.5
	SKATE SIZE	4.0	4.5	5.0	5.5	6.0	6.5

SR	SHOE SIZE	10.0	10.5	11.0	11.5	12.0	12.5	13.0	13.5	14.0	14.5	15.0	15.5	16.0
	SKATE SIZE	7.0	7.5	8.0	8.5	9.0	9.5	10.0	10.5	11.0	11.5	12.0	12.5	13.0

CCM ELBOW PADS SIZING CHART

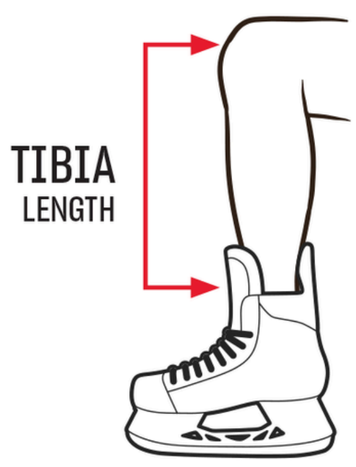


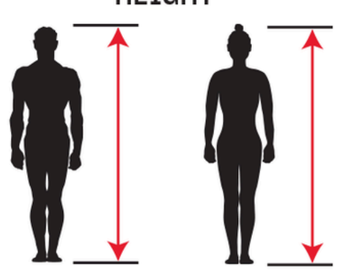


ELBOW PADS		SMALL						MEDIUM					
		FOREARM LENGTH		BICEP CIRCUMFERENCE		HEIGHT		FOREARM LENGTH		BICEP CIRCUMFERENCE		HEIGHT	
		Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.
SR	IN	9	10.5	10	12	5′2″	5′6″	10	11.5	11	14	5′6″	5′10″
	CM	23	27	25	30	157	168	25	29	28	36	168	178
JR	IN	6	8	7	9	4′2″	4′6″	7	9	8	10	4′6″	4′10″
	CM	16	20	18	23	127	137	18	22	20	25	137	147
YT	IN	4.5	6	5.5	7	3′4″	3′7″	5.5	7	6	7.5	3′7″	3′10″
	CM	11	15	14	17	102	109	14	17	16	19	109	117

		LARGE						X-LARGE					
		FOREARM LENGTH		BICEP CIRCUMFERENCE		HEIGHT		FOREARM LENGTH		BICEP CIRCUMFERENCE		HEIGHT	
		Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.
SR	IN	11	12.5	13	16	5′10″	6′2″	11.5	+	15	+	6′	+
	CM	28	32	33	41	178	188	29	+	38	+	183	+
JR	IN	8	10	9	11	4′10″	5′2″	N/A					
	CM	20	25	23	28	147	157						
YT	IN	6	7.5	7	8	3′10″	4′2″	N/A					
	CM	15	19	18	21	117	127						

CCM SHIN GUARD SIZING CHART





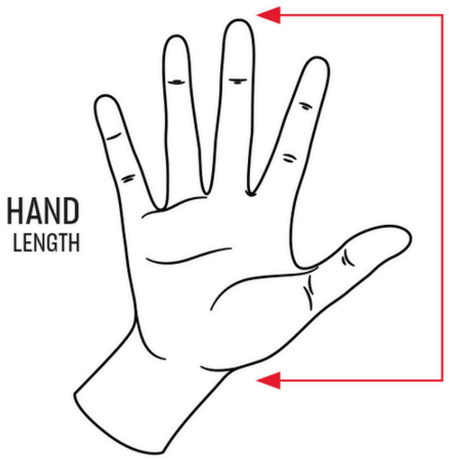
SHIN GUARDS		14”				15”			
		HEIGHT		TIBIA LENGTH		HEIGHT		TIBIA LENGTH	
		Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.
SR	IN	5′4″	5′8″	14	15	5′8″	6′	15	16
	CM	163	173	36	38	173	183	38	41

		16”				17”			
		HEIGHT		TIBIA LENGTH		HEIGHT		TIBIA LENGTH	
		Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.
SR	IN	6′	6′4″	16	17	6′4″	+	17	18
	CM	183	193	41	43	193	+	43	46

		11”				12”				13”			
		HEIGHT		TIBIA LENGTH		HEIGHT		TIBIA LENGTH		HEIGHT		TIBIA LENGTH	
		Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.
JR	IN	4′4″	4′8″	11.0	12.0	4′8″	5′	12.0	13.0	5′	5′4″	13.0	14.0
	CM	132	142	28	30	142	152	30	33	152	163	33	36

		8”				9”				10”			
		HEIGHT		TIBIA LENGTH		HEIGHT		TIBIA LENGTH		HEIGHT		TIBIA LENGTH	
		Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.
YT	IN	3′4″	3′8″	8	9	3′8″	4′	9	10	4′	4′4″	10	11
	CM	102	112	20	23	112	122	23	25	122	132	25	28

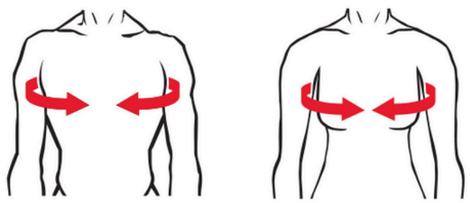
CCM GLOVE SIZING CHART



GLOVES		13"		14"		15"	
		HAND LENGTH		HAND LENGTH		HAND LENGTH	
		Min.	Max.	Min.	Max.	Min.	Max.
SR	IN	6.5	7.5	7	8	7.5	8.5
	CM	16.5	19	18	20.5	19	22
JR		10"		11"		12"	
		HAND LENGTH		HAND LENGTH		HAND LENGTH	
		Min.	Max.	Min.	Max.	Min.	Max.
	IN	5	6	5.5	6.5	6	7
	CM	13	15.5	14	16.5	15.5	18
YT		8"		9"			
		HAND LENGTH		HAND LENGTH			
		Min.	Max.	Min.	Max.		
	IN	4	5	4.5	5.5		
	CM	10.5	13	11.5	14		

CCM SHOULDER PADS SIZING CHART

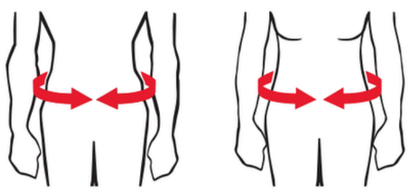
CHEST
CIRCUMFERENCE



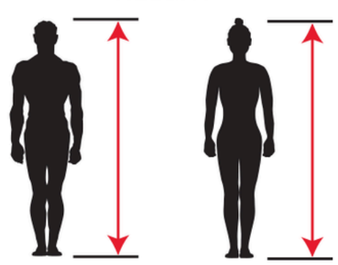
SHOULDER PADS		SMALL				MEDIUM				LARGE				X-LARGE			
		CHEST CIRC		HEIGHT		CHEST CIRC		HEIGHT		CHEST CIRC		HEIGHT		CHEST CIRC		HEIGHT	
		Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.
SR	IN	34	38	5'2"	5'6"	37	41	5'6"	5'10"	40	44	5'10"	6'2"	43	48	6'	+
	CM	86	97	157	168	94	104	168	178	102	112	178	188	109	122	183	+
JR	IN	24	30	4'2"	4'6"	26	32	4'6	4'10"	30	35	4'10"	5'2"	N/A			
	CM	60	76	127	137	67	81	137	147	75	89	147	157				
YT	IN	-	23	3'4"	3'7"	23	25	3'7"	3'10	24	28	3'10	4'2"	N/A			
	CM	-	58	102	109	58	64	109	117	60	70	117	127				
WOMEN	IN	28	33	4'11"	5'3"	33	39	5'3"	5'7"	39	47	5'7"	6'	N/A			
	CM	71	84	150	160	84	99	160	170	99	119	170	183				

CCM PANTS SIZING CHART

WAIST CIRCUMFERENCE



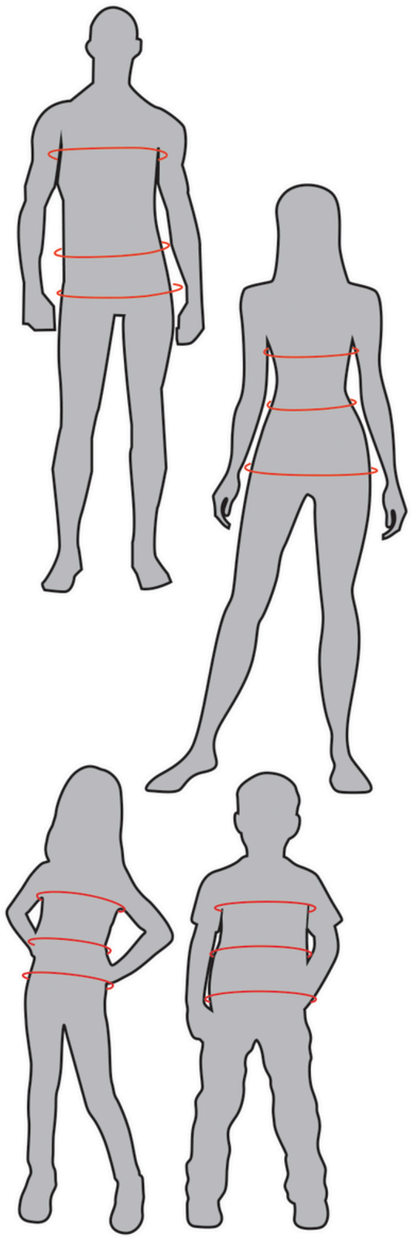
HEIGHT



PLAYER PANTS + GIRDLES		SMALL				MEDIUM				LARGE				X-LARGE			
		WAIST CIRC		HEIGHT		WAIST CIRC		HEIGHT		WAIST CIRC		HEIGHT		WAIST CIRC		HEIGHT	
		Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.
SR	IN	29	32	5′2″	5′6″	31	35	5′6″	5′10″	34	39	5′10″	6′2″	37	42	6′	+
	CM	74	82	157	168	79	89	168	178	86	99	178	188	95	107	183	+
WOMEN	IN	25	29	4′11″	5′3″	29	33	5′3″	5′7″	33	37	5′7″	6′	N/A			
	CM	64	74	150	160	74	84	160	170	84	94	170	183				

PLAYER PANTS + GIRDLES		SMALL				MEDIUM				LARGE			
		WAIST CIRC		HEIGHT		WAIST CIRC		HEIGHT		WAIST CIRC		HEIGHT	
		Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.	Min.	Max.
JR	IN	23	25	4′2″	4′6″	24.5	28	4′6″	4′10″	27	31	4′10″	5′2″
	CM	58	64	127	137	62	72	137	147	69	79	147	157
YT	IN	20	21.5	3′4″	3′7″	21	22.5	3′7″	3′10″	22	23.5	3′10″	4′2″
	CM	51	55	102	109	53	57	109	117	56	60	117	127

CCM APPAREL SIZING CHART



APPAREL - MEN BODY MEASUREMENTS (measurements shown are in inches)

ALPHA SIZE	XS	S	M	L	XL	2XL	3XL
CHEST CIRCUMFERENCE	33-35	36-38	39-41	42-44	45-48	49-52	53-58
WAIST CIRCUMFERENCE	26-28	29-31	32-34	35-38	39-43	44-48	49-53
HIPS CIRCUMFERENCE	32-34	35-37	38-40	41-44	45-48	48-52	52-56

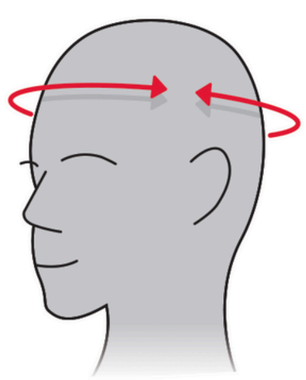
NUMERIC SIZE	28	30	32	34	36	38	40
WAIST CIRCUMFERENCE	29.5	31.5	33.5	35.5	37.5	39.5	41.5

APPAREL - WOMEN BODY MEASUREMENTS (measurements shown are in inches)

ALPHA SIZE	XS	S	M	L	XL
CHEST CIRCUMFERENCE	30-32	33-35	36-38	39-41	42-44
WAIST CIRCUMFERENCE	23-25	26-28	29-31	32-34	35-38
HIPS CIRCUMFERENCE	33-35	36-38	39-41	42-44	45-48

APPAREL - YOUTH BODY MEASUREMENTS (measurements shown are in inches)

AGE GROUP / SIZE	3 - 5 / 2XS / 110	5 - 7 / XS / 120	7 - 9 / S / 130	9 - 11 / M / 140	11 - 13 / L / 150	13 - 15 / XL / 160
CHEST CIRCUMFERENCE	24-25	25-26	26-27	27-29	29-31	31-34
WAIST CIRCUMFERENCE	22-23	23-24	24-25	25-27	27-28.5	28.5-30
HIPS CIRCUMFERENCE	25-26	26-27	27-28.5	28.5-31	31-32.5	32.5-34



MEASUREMENT FOR ADULT HEADWEAR

INCHES	CM	HAT SIZE		
		FITTED	FLEX	ADJUSTABLE
20 1/8	51.1	6 3/8		ONE SIZE YT (OSFA)
20 1/2	52	6 1/2		
20 7/8	53	6 5/8	YOUTH	
21 1/4	53.9	6 3/4		
21 5/8	54.9	6 7/8		
22	55.9	7	S/M	ONE SIZE AD (OSFA)
22 3/8	56.8	7 1/8		
22 3/4	57.8	7 1/4		
22 1/8	58.7	7 3/8	L/XL	
23 1/2	59.7	7 1/2		
23 7/8	60.6	7 5/8		
24 1/4	61.6	7 3/4	XL/XXL	
24 5/8	62.5	7 7/8		
25	63.5	8 1/4		

Body sizing: Size specifications are based on body sizing measurements. Use this size chart as a guideline when ordering, allow enough room for ease of movement. Sleeve Length: Measure from the center back of the neck, over the point of shoulder and down the outer side of the arm to the wrist bone. Chest: Measure just under the arms. Waist: Loosely measure the narrowest circumference of the waist. Size charts are for reference only. Fit may vary depending on the construction and materials.

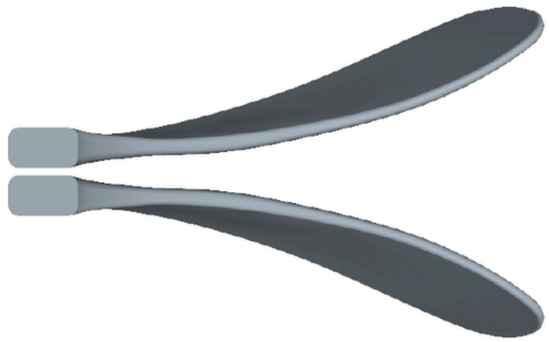
APPAREL FEATURES

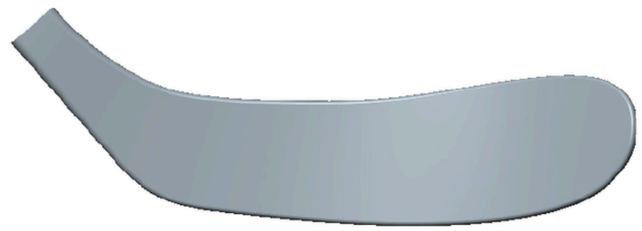
TACTICAL DRY — Put sweat in it's place Tactical Dry wicks moisture away from your skin, helping you stay drier and comfortable.

TACTICAL DEGREE — Your body is an amazing heat source Tactical Degree traps body heat and sweat escape.

TACTICAL COOL — Stay cool and comfortable Tactical Cool uses ventilation, moisture management and fabric construction to help aid the release of heat.

CCM STICK CURVES - EUROPE





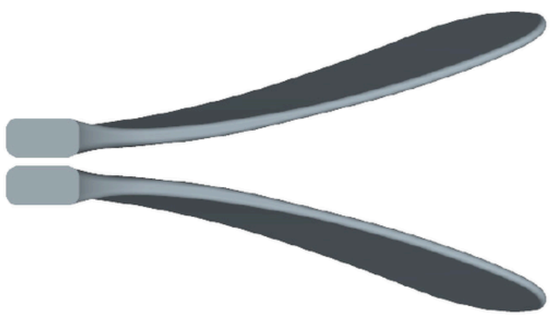
POSITION MID/TOE **SIZE** BIG **OPENESS** OPENED

DESCRIPTION

Aggressive curve for players who can shoot from the toe with their hands in front of their body.

P28 (186-2)

FORMER CCM MCDAVID
BAUER P28 / WARRIOR W28 /
EASTON E28 / TRUE TC3



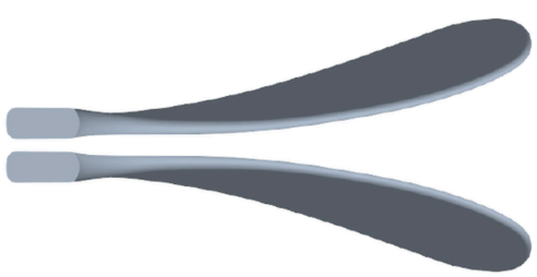
POSITION MID **SIZE** BIG **OPENESS** OPENED

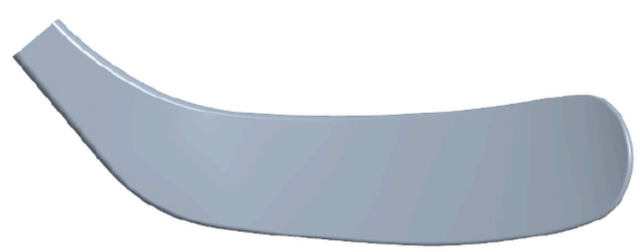
DESCRIPTION

All-in-one curve with lower lie for players who are straighter when passing and shooting.

P29 (203-2)

FORMER CCM CROSBY
BAUER P92 / WARRIOR W03 / TRUE TC2 /
EASTON E/P3 / SHERWOOD PP26





POSITION MID **SIZE** BIG **OPENESS** OPENED

DESCRIPTION

Perfect blend of P28 aggressive toe and P29 dual lie with a max height feature.

P90TM (202-2)

CCM GOALIE CATCHER & BLOCKER SIZING CHART

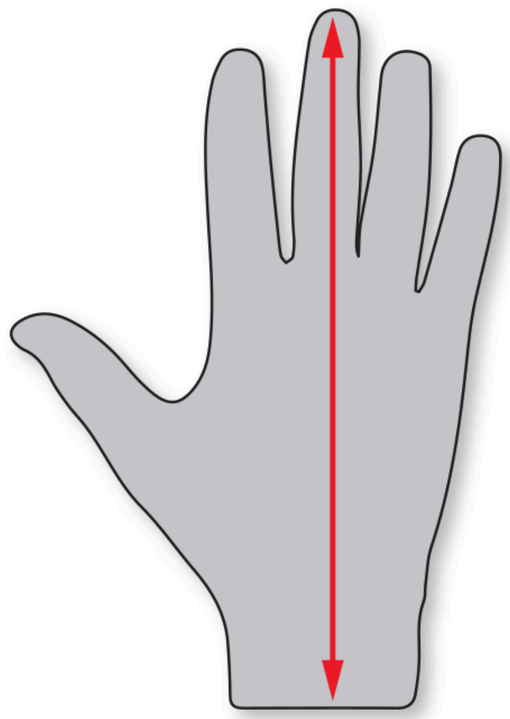
GOALIE CATCHER

Measure the distance from the middle finger tip to the bottom of your palm.

MITAINE DE GARDIEN

Mesurez la distance entre le bout du Majeur et le bas de la paume.

	SENIOR		INTERMEDIATE	JUNIOR	YOUTH
HAND SIZE (IN)	7 - 8.5"		6 - 7"	5.5 - 6.5"	4.5 - 5.5"
MESURE DE LA MAIN (CM)	18 - 21.5		15 - 18	14 - 16.5	11.5 - 14
HAND SIZE (IN)	7.5 - 8"	7 - 7.5"			
MESURE DE LA MAIN (CM)	19 - 20.5	18 - 19			
	REG	INT			



GOALIE BLOCKER

Measure the distance from the middle finger tip to the bottom of your palm.

BLOQUEUR DE GARDIEN

Mesurez la distance entre le bout du Majeur et le bas de la paume.

	SENIOR			INTERMEDIATE	JUNIOR	YOUTH
HAND SIZE (IN)	7 - 8.5"			6 - 7"	5.5 - 6.5"	4.5 - 5.5"
MESURE DE LA MAIN (CM)	18 - 21.5			15 - 18	14 - 16.5	11.5 - 14
HAND SIZE (IN)	8 - 8.5"	7.5 - 8"	7 - 7.5"			
MESURE DE LA MAIN (CM)	20.5-21.5	19-20.5	18 - 19			
	XL	REG	INT			

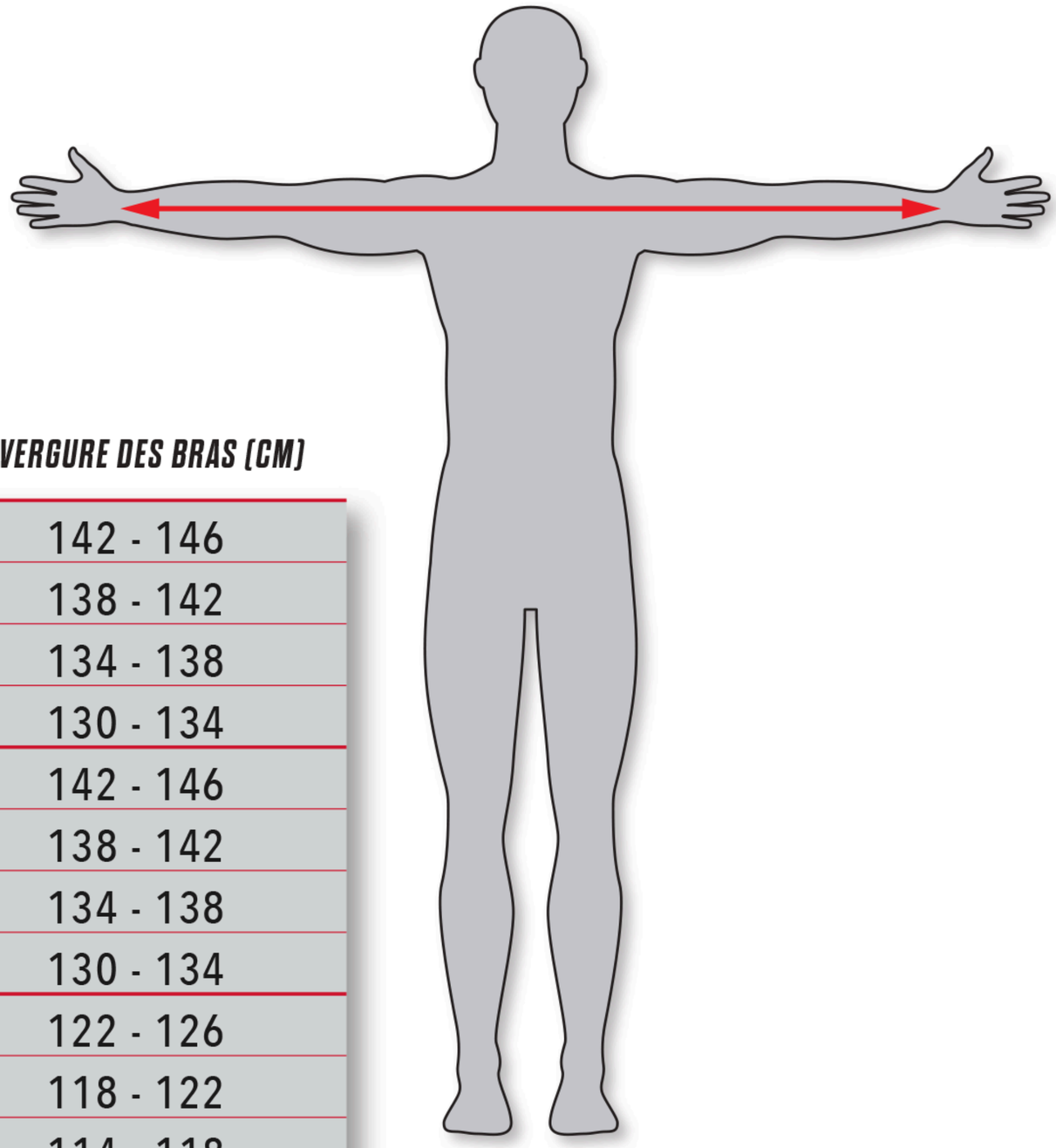
CCM GOALIE ARM & BODY SIZING CHART

GOALIE ARM & BODY

Measure the distance from wrist to wrist.

PLASTRON DE GARDIEN

Mesurez la distance de poignet à poignet.



		ARM SPAN (IN)	ENVERGURE DES BRAS (CM)
PRO	XLARGE	56 - 57.5"	142 - 146
	LARGE	54.5 - 56"	138 - 142
	MEDIUM	53 - 54.5"	134 - 138
	SMALL	51.5 - 53"	130 - 134
SENIOR	XL	56 - 57.5"	142 - 146
	L	54.5 - 56"	138 - 142
	M	53 - 54.5"	134 - 138
	S	51.5 - 53"	130 - 134
INTERMEDIARE	L	48.5 - 50"	122 - 126
	M	47 - 48.5"	118 - 122
	S	45.5 - 47"	114 - 118
JUNIOR	L/XL	40.5 - 42"	102 - 106
	S/M	39 - 40.5"	98 - 102
YOUTH	OSFA	37.5"	95.25
	L/XL	37.5"	95.25
	S/M	36"	91.44

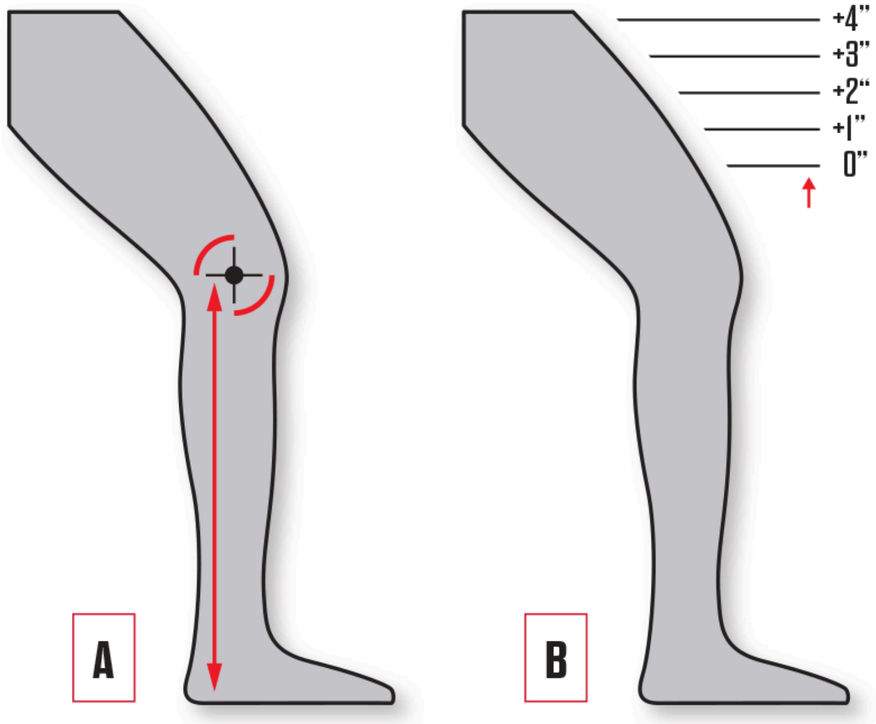
CCM GOALIE PADS SIZING CHART

GOALIE LEG PAD

1. Measure the distance from the floor (bare foot) to the middle of the knee cap, straight up, knee slightly bent.
2. Take the height of the goalie.
3. Look at the chart and try size accordingly.
4. Thigh rise sizing are based off goalie's personal preference.

JAMBIÈRE DE GARDIEN

1. Mesurez la distance entre le sol (pied nu) et le milieu du genou, droit, le genou légèrement penché.
2. Prenez le dessus du gardien de but.
3. Regardez le graphique et essayez la taille en conséquence.
4. La taille de la cuisse est basée sur la préférence personnelle du gardien de but.



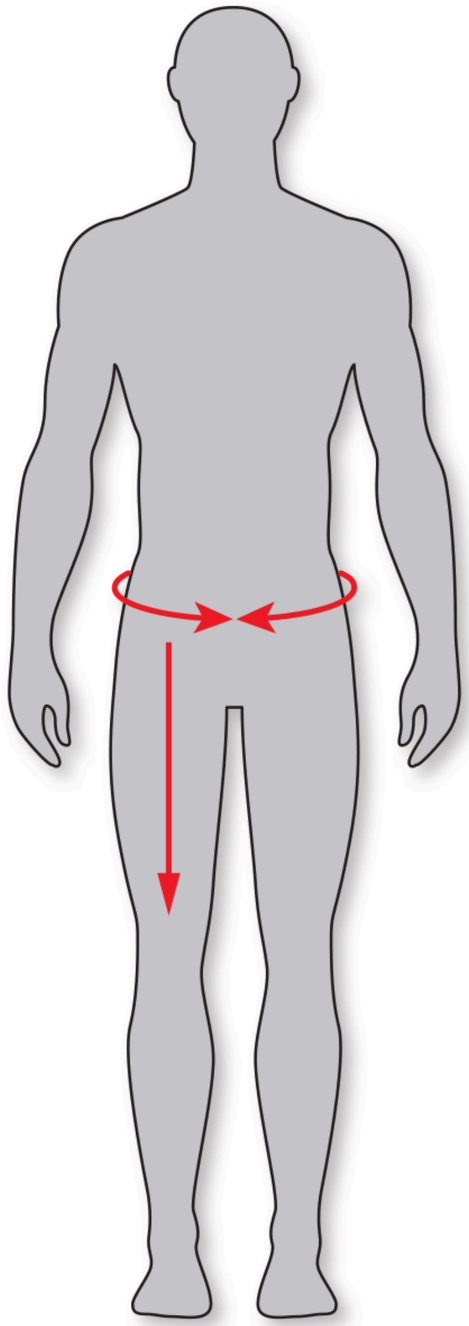
GOALIE'S HEIGHT (FT)	3'10"	4'0"	4'2"	4'4"	4'8"	4'10"	5'0"	5'2"	5'4"	5'6"	5'7"	5'8"	5'9"	5'10"	5'11"	6'0"	6'1"	6'2"	6'3"	6'4"	6'5"	6'6"	6'7"
GRANDEUR DU GARDIEN (M)	1m17	1m22	1m27	1m32	1m42	1m47	1m52	1m57	1m63	1m68	1m70	1m73	1m75	1m78	1m80	1m83	1m85	1m88	1m91	1m93	1m96	1m98	2m00
A — FLOOR TO KNEE MEASUREMENT (IN)	13" & -	13" - 13.5"	13.5" - 14"	14" - 14.5"	15" - 15.5"	15.5" - 16"	16" - 16.5"	16.5" - 17"	17" - 17.5"	17.5" - 18"	18" - 18.5"	18.5" - 19"	19" - 19.5"	19.5" - 20"	20" - 20.5"	20.5" - 21"	21" - 21.5"	21.5' - 22"	22" - 22.5"	22.5" - 23"	23" - 23.5"	23.5" - 24"	24" - 24.5"
A — MESURE DU PLANCHER AU GENOU (CM)	33.0 & -	33.0 - 34.3	34.3 - 35.6	35.6 - 36.8	38.1 - 39.4	39.4 - 40.6	40.6 - 41.9	41.9 - 43.2	43.2 - 44.5	44.5 - 45.7	45.7 - 47	47 - 48.3	48.3 - 49.5	49.5 - 50.8	50.8 - 52.1	52.1 - 53.3	53.3 - 54.6	54.6 - 55.9	55.9 - 57.2	57.2 - 58.4	58.4 - 59.7	59.7 - 61	61 - 62.2
PAD SIZE / GRANDEUR (IN)	20"	21"	22"	23"	24"	26"	28"	29"	30"	31"	31"	32"	32"	33"	33"	34"	34"	35"	35"	36"	36"	37"	37"
B — THIGH RISE MEASUREMENT ABOVE THE KNEE CAP (+IN) / MESURE DE LA JAMBIÈRE AU DESSUS DE LA ROTULE (+IN)											0"	9.5"	9.5"	10"	10"	10.5"	10.5"	11"	11"	11.5"	11.5"	12"	12"
											.+0.5"	10"	10"	10.5"	10.5"	11"	11"	11.5"	11.5"	12"	12"	12.5"	12.5"
											.+1.0"	10.5"	10.5"	11"	11"	11.5"	11.5"	12"	12"	12.5"	12.5"	13"	13"
											.+1.5"	11"	11"	11.5"	11.5"	12"	12"	12.5"	12.5"	13"	13"	13.5"	13.5"
											.+2.0"	11.5"	11.5"	12"	12"	12.5"	12.5"	13"	13"	13.5"	13.5"	14"	14"
											.+2.5"	12"	12"	12.5"	12.5"	13"	13"	13.5"	13.5"	14"	14"	14.5"	14.5"
											.+3.0"	12.5"	12.5"	13"	13"	13.5"	13.5"	14"	14"	14.5"	14.5"	15"	15"
											.+3.5"	13"	13"	13.5"	13.5"	14"	14"	14.5"	14.5"	15"	15"	15.5"	15.5"
											.+4.0"	13.5"	13.5"	14"	14"	14.5"	14.5"	15"	15"	15.5"	15.5"	16"	16"

CCM GOALIE PANTS SIZING CHART

GOALIE PANT

Measure the waist circumference along with the distance from your waist to the knee

PANTALON DE GARDIEN

Mesurez la circonférence de votre taille ainsi que la distance entre votre hanche et votre genou.

	SIZE	WAIST (IN)	TAILLE (CM)	HIP TO KNEE (IN)	HANCHE À GENOU (CM)
SENIOR	XLARGE	38 - 42"	97 - 107	16.5 - 17.5"	42 - 44
	LARGE	34 - 38"	86 - 97	16 - 17"	40 - 43
	MEDIUM	32 - 36"	81 - 92	15.5 - 16.5"	39 - 41
	SMALL	28 - 32"	71 - 81	15 - 16"	38 - 40
INTERMEDIATE	L	29 - 31"	74 - 79	15 - 16"	38 - 40
	M	28 - 30"	71 - 76	14.5 - 15.5"	37 - 39
	S	27 - 29"	69 - 74	14 - 15"	36 - 38
JUNIOR	OSFA	24 - 27"	61 - 69	14 - 15"	36 - 38
	L/XL	23 - 25"	59 - 64	13.5 - 14.5"	35 - 37
	S/M	22 - 24"	56 - 61	13 - 14"	34 - 36
YOUTH	OSFA	20 - 22"	51 - 56	13"	34